

**CRAIG D. TIFFORD, M.D.**  
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**PRESENT POSITION:**

8/2000 – Present NY·CONN Orthopaedic and Rehabilitation Specialists, PLLC  
Orthopaedic Surgeon, Partner  
Stamford, Connecticut  
West Harrison & Bronx, NY

**APPOINTMENTS:**

09/2004 – Present Attending Surgeon, Lincoln Medical Center, Bronx, NY  
05/2004 – Present Attending Surgeon, White Plains Hospital, White Plains, NY  
12/2000 – Present Attending Surgeon, The Stamford Hospital, Stamford, CT  
12/2002 – Present Attending Surgeon, Albert Einstein Hospitals, Bronx, NY

**BOARD CERTIFICATION:**

7/2000 American Board of Orthopaedic Surgery

**FELLOWSHIP:**

8/1999 – 8/2000 The Southern California Center for Sports Medicine  
Long Beach Memorial Medical Center, Long Beach, CA  
Director, Douglas W. Jackson, M.D.

**RESIDENCY:**

7/1995 – 6/1999 Department of Orthopaedic Surgery  
Albert Einstein College of Medicine/Montefiore Medical Center  
Bronx, New York  
Chairman, Edward T. Habermann, M.D.

**INTERNSHIP:**

7/1994 – 6/1995 Department of General Surgery  
Albert Einstein College of Medicine/Montefiore Medical Center  
Bronx, New York

**EDUCATION:**

8/1990 – 6/1994 Albert Einstein College of Medicine, Bronx, New York  
Doctor of Medicine  
8/1987 – 6/1990 Emory University, Atlanta, Georgia  
Bachelor of Science, Biology

8/1986 – 6/1987 Brandeis University, Waltham, Massachusetts

**PUBLICATIONS:**

Tifford CD, Jackson DW

Surgical Management of the Pathologic Plica, in Jackson D.W., ed:  
*Reconstructive Knee Surgery, 2<sup>nd</sup> Edition*  
Philadelphia: Lippincott, Williams and Wilkens, 2003: 441-445.

Tifford CD, Simon TM, Jackson DW  
Graft Selection for Ligamentous Reconstruction, in  
Callaghan J, Rosenberg AG, Rubash HE, Simonian PT,  
Wickiewicz TL (eds): *The Adult Knee*  
Philadelphia: Lippincott, Williams and Wilkens, 2003: 647-661.

Plancher KD, Tifford CD  
Evaluating and Managing Knee Injuries in Downhill Skiers  
*J Musculoskel Med* 19: 79-87, 2002

Tifford CD, Plancher KD  
Bone Mineral Density and Hip Fracture Patterns in the Elderly  
*J Musculoskel Med* 17: 648, 2000

Tifford CD, Jackson DW  
Bilateral Simultaneous ACL Ruptures in a Cheerleader  
*Arthroscopy* 17: E17, 2001

Tifford CD, Spero L, Luke T and Plancher KD  
The Relationship of the Infrapatellar Branches of the Saphenous  
Nerve to Arthroscopy Portals and Incisions for ACL Surgery –  
An Anatomic Study.  
*American Journal of Sports Medicine*, 28: 562-567, 2000

Tifford CD, Plancher KD  
Nonsurgical Treatment of Rotator Cuff Tears, in Norris TR (ed):  
*Orthopaedic Knowledge Update – Shoulder and Elbow*.  
Rosemont, IL, American Academy of Orthopaedic Surgeons,  
1997, pp 135-149.

**NON PEER-REVIEWED PUBLICATIONS:**

Tifford CD  
The Prevention of Muscle Fatigue in Women  
*Glamour Magazine*, November, 1998

Tifford CD  
The Prevention of Osteoporosis  
*Glamour Magazine*, November, 1998

Tifford CD  
Sports Injuries in Women  
*Glamour Magazine*, November, 1998

Tifford CD  
Osteoarthritis of the Knee  
Special edition to: *The Sound and Town Report, The Sound Report, The Town Report, The Yonkers City Report and The Village News and Town Report*, February, 2001

**PRESENTATIONS:**

Kurzweil PR, Ignacio EM, Tifford CD  
Clinical Results of Meniscal Repair Using the Bionx Arrow  
Presented at the Arthroscopy Association of North America 23<sup>rd</sup>  
Annual Meeting, Orlando, FL, April 22-25, 2004

Tifford CD, Byrnes D  
The Use of Rofecoxib in Patients Undergoing Outpatient Knee Arthroscopy. Accepted for presentation at the Arthroscopy Association of North America 21<sup>st</sup> Annual Meeting, Washington, DC, April 25-28, 2002

Thomas B, Tifford CD, Morrison DS  
Use of an Uncemented Glenoid Component in Total Shoulder Arthroplasty: Radiographic and Clinical Results at Two to Eight Year Follow-Up. Presented at the American Academy of Orthopaedic Surgeons 69<sup>th</sup> Annual Meeting, Dallas, TX, February, 2002

Tifford CD, Kurzweil PR, Schreck PJ  
Results of Meniscal Repair Using a Bioabsorbable Arrow  
Presented at the American Academy of Orthopaedic Surgeons 68<sup>th</sup>  
Annual Meeting, San Francisco, CA, February 28 – March 4, 2001

Tifford CD, Spero L, Luke T and Plancher KD  
Anterior Cruciate Ligament Surgery Made Safer:  
An Anatomic Study of the Infrapatellar Branches  
of the Saphenous Nerve. Presented at the American Academy of Orthopaedic Surgeons 66<sup>th</sup> Annual Meeting, Anaheim, CA, February 4 – 8, 1999 and the Arthroscopy Association of North America 18th Annual Meeting, Vancouver, B.C., Canada, April 16-18, 1999.

**TELEVISION/RADIO:**

*Giving Thanks*, ABC World News Tonight with Peter Jennings,  
November 28, 2002

Guest, *Here's To Your Good Health*, WFAS Radio 1/13/01

Interview, *Creatine and Other Nutritional Supplements in the Athlete*, Connecticut News 12 Television 10/00

**INVITED LECTURER:**

*Diagnosis and Management of Fractures in Sports Medicine*  
Presented at the Annual Meeting of the Connecticut Chapter of the National Association of Orthopaedic Nurses, April 5, 2003, Southbury, Connecticut

*Assessment and Management of the Patient with Acute Pain*  
La Panetiere Restaurant, Rye, New York, August 23, 2001

*Current Concepts in Tibial Nailing*  
The Stamford Hospital, June 30, 2001

*Managing Acute Pain After Arthroscopic Knee Surgery*  
Morton's Restaurant, Stamford, Connecticut, June 19, 2001

*Indications and Usage of Continuous Passive Motion*  
The Stamford Hospital, February 13, 2001

*Impingement and Rotator Cuff Disease*  
Advanced Physical Therapy, Stamford, Connecticut  
January 23, 2001

**TEAM PHYSICIAN:**

2002-present

Team Physician, Manhattanville College, Harrison, NY  
Team Physician, Rye High School, Rye, NY  
Team Physician, New Rochelle High School, New Rochelle, NY

2000

Stamford Public School System, Stamford, Connecticut  
Team Physician, Mens Varsity Football Stamford High School

2001

Team Physician, Bronx GHI Tennis Tournament, USTA Event

2000

Team Physician, Bronx GHI Tennis Tournament, USTA Event

1999-2000

California State University, Long Beach Campus  
Team Physician, Mens Varsity Basketball  
Team Physician, Womens Varsity Basketball  
Team Physician, Womens Varsity Volleyball

1999-2000

Unified School District, Long Beach, California  
Team Physician, Mens Varsity Football

**MEMBERSHIPS:**

Active Member, Arthroscopy Association of North America  
Fellow, American Academy of Orthopaedic Surgeons

**HONORS and AWARDS:**

Craig D. Tifford Foundation  
Founder and President of this 501(c)(3) not-for-profit organization whose mission is to raise money for research, raise public awareness and provide support for patients with testicular cancer.

Instructor, Knee Laboratory Program  
Arthroscopy Association of North America 19<sup>th</sup> Annual Fall Course  
Palm Desert, CA, November 16-19, 2000

Instructor, Shoulder Arthroscopy and Arthroplasty Sessions  
Shoulder Arthroscopy, Arthroplasty and Fracture Update  
17<sup>th</sup> Annual Meeting, La Jolla, CA, June 14-17, 2000

Chairman, Orthopaedic Surgery Housestaff Governing Council –  
Elected by 40 resident peers to chair this select group which acts as a faculty and hospital administrative liaison, striving for and promoting the excellence of Orthopaedic Surgery education.

**LICENSES:**

Connecticut #038952  
New York #203798