

Curriculum Vitae
Russell J. Cavallo, M.D., MEd, FAAOS

CURRENT POSITION:

8/1999 – Present

Partner/Owner

NY•CONN Orthopaedic & Rehabilitation Specialists, PLLC

Sub-Specialties:

Sports Medicine and Shoulder Surgery (Including Arthroscopy)

Shoulder, Knee and Hip Reconstructive Surgery

Complex Orthopaedic Trauma

Office Locations:

Stamford, CT and West Harrison, NY

HOSPITAL AFFILIATIONS:

The Stamford Hospital

Stamford, CT

Active Medical Staff in the Department of Orthopaedic Surgery

Greenwich Hospital

Greenwich, CT

Active Medical Staff in the Department of Orthopaedic Surgery

Albert Einstein College of Medicine

Montefiore Medical Center

Bronx, NY

Active Medical Staff in the Department of Orthopaedic Surgery

Westchester Ambulatory Surgical Center

1999 – Present Team Physician Manhattanville College (Purchase, NY) Team Physician Rye High School, Team Physician Rye Neck High School, Team Physician KLHT School (Stamford, CT), Team Physician St. Luke's School (New Canaan, CT) Team Physician New Rochelle Football

1999 – Present Consulting Orthopaedic Surgeon: Purchase College, Harrison High School, Port Chester High School

2000 – 2003 Orthopaedic Surgeon for Buick Classic Professional Golf

1999 Orthopaedic Surgeon GHI Classic Professional Tennis

1997 – 1998 Team Physician Duke University Athletics

1997 – 1998 Team Physician North Carolina Central University

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EDUCATION:

9/88 – 5/92 The Mount Sinai School of Medicine
New York, NY 10029
Doctor of Medicine

8/86 – 8/88 Temple University
Philadelphia, PA 19122
Master's Degree in Sports Medicine

9/82 – 6/86 Colgate University
Hamilton, NY 13346
Bachelor of Arts in Biology

POST GRADUATE TRAINING:

FELLOWSHIP

8/97 - 7/98 Duke University Medical Center
Durham, NC 27710
Sports Medicine and Shoulder Surgery

RESIDENCIES

7/93 - 6/97 The Mount Sinai Medical Center
New York, NY 10029
Orthopaedic Surgery

9/95 - 11/95 Hospital for Joint Diseases
New York, NY 10003
Clinical Elective in Shoulder Surgery

INTERNSHIP

7/92 - 6/93 The Mount Sinai Medical Center
New York, NY 10029
General Surgery

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CERTIFICATION:

Board Certified American Board of Orthopaedic Surgeons
July 13, 2000

MEDICAL LICENSE:

Connecticut #038069
New York #196211

PROFESSIONAL ORGANIZATIONS:

Fellow of the American Board of Orthopaedic Surgeons,
Member of the American Academy of Orthopaedic Surgeons, 105342
New York State Medical Society, Piedmont Orthopaedic Society

Bilingual in Spanish/English

RESEARCH / PUBLICATIONS:

1. Cavallo, RJ. The Ultrastructural Effects of HeNe Laser on Wound Healing in Rats. Thesis research for Master's Degree.
2. Binderow, S, Cavallo, RJ, and Freed, J. Laboratory parameters as Predictors of Operative Outcome after Major Abdominal Surgery in AIDS and HIV Infected Patients. The American Surgeon. 59(11): 754-757, 1993.
3. Cavallo, RJ, Strauss, E, Pino, AE, Demetriades, L, and Finger, A. Functional Outcome after Operative Management of Supracondylar Femur Fractures Above or Below Orthopaedic Implants. Orthopaedic Transactions (JBJS). 19(2): 342-343, 1995.
4. Cavallo, RJ, Capozzi, J, Levy, R, and Becker, L. Direct Lateral Approach to the Hip for Hemiarthroplasty after Intracapsular Hip Fractures. Orthopaedic Transactions. 19(2): 532, 1995.

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5. Cavallo, RJ, and Ulin, R. Proximal Tibial Physeal Fractures Associated with Ipsilateral Femoral Fractures. *Orthopaedic Transactions*. 19(2): 532, 1995.
6. Zuckerman, JD, Cavallo, RJ, and Kummer, FJ. The Use of Modularity in Total Shoulder Arthroplasty. In *American Society for Testing and Materials*. STP 1301, DE Marlowe, JE Parr and MB Mayer, Eds., ASTM, 1996.
7. Cavallo, RJ, and Einhorn, TE. Enhancement of Skeletal Repair. In *Skeletal Trauma (2nd Edition)*. Chapter 23, Edited by Browner, Jupiter, Levine and Trafton. WB Saunders Company, Philadelphia, PA, 1998.
8. Cavallo, RJ, and Speer, KP. Instability and Impingement in Throwing Athletes. *Med and Sci in Sports and Exercise*. 30(4, Supplement): S18 - S25, 1998.
9. Cavallo, RJ, and Manuel, M. The Dislocated Knee: Meta-Analysis of Functional Results after Surgical Reconstruction and Application of a New Classification.
10. Cavallo, RJ, and Springfield, DS. Third Degree Intraoperative Burn Secondary to Intense Lighting: A Case Report.
11. Cavallo, RJ, Lee, K, Stennardo, G, and Speer, KP. Medial Scapular Border Syndrome: A Review of Twenty-two Patients and Electromyographic Analysis.
12. Cavallo, RJ, Stennardo, G, and Speer, KP. Anatomic Investigation into the Soft Tissue Etiologies of Medial Scapular Border Syndrome.
13. Cavallo, RJ, Hurst, J, and Garrett, WE. Comparison of Elongation Behavior in the Native and Reconstructed ACL Using a Single Incision Endoscopic Technique and Two Different Femoral Tunnel Positions.
14. Cavallo, RJ and Plancher, KD. Toenail Problems in Runners and Athletes. *J Musculoskel Med*. 17 (5), May 2000.
15. Cavallo, RJ and Plancher, KD. Operative vs. Non-Operative Treatment for Forty-Eight Patients with Knee Dislocations: Long-term Functional Results, Associated Injuries and Natural History. (Accepted *Amer J Sports Medicine*).

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PRESENTATIONS:

1. "Abdominal Surgery in Patients with AIDS," presented to the New York Society of Colon and Rectal Surgeons, Williams Club, New York, NY, 3/19/92.
2. "Preoperative Parameters as Predictors of Post-Operative Morbidity and Mortality after Major Abdominal Surgery in AIDS and HIV Infected Patients," Poster Exhibit at The Mount Sinai Hospital Research Seminar, New York, NY, 4/6/92.
3. "Proximal Tibial Physeal Fractures Associated with Ipsilateral Femoral Fractures," presented to the Pediatric Orthopaedic Club of New York, Academy of Medicine, New York, NY, 5/25/94.
4. "Proximal Tibial Physeal Fractures Associated with Ipsilateral Femoral Fractures," Poster Exhibit at the American Academy of Orthopaedic Surgeons 62nd Annual Meeting, Orlando, Florida, 2/17/95.
5. "Direct Lateral Approach to the Hip for Hemiarthroplasty after Intracapsular Hip Fractures," Poster Exhibit at the American Academy of Orthopaedic Surgeons 62nd Annual Meeting, Orlando, Florida, 2/18/95.
6. "Functional Outcome after Operative Management of Supracondylar Femur Fractures Above or Below Orthopaedic Implants," Presented at the American Academy of Orthopaedic Surgeons 62nd Annual Meeting, Orlando, Florida, 2/17/95.
7. "Comparison of Elongation Behavior in the Native and reconstructed ACL Using a Single Incision Endoscopic Technique and Two Different Femoral Tunnel Positions," Presented at the American Orthopaedic Society for Sports Medicine, Traverse City, MI, 6/20/99.
8. "Anatomic Investigation of the Soft-Tissue Etiologies of Medial Scapular Border Syndrome," Presented at the European Society for Surgery of the Shoulder and Elbow, The Hague, Netherlands 9/99.
9. "Operative versus Non-Operative Treatment for Forty-Eight Patients with Knee Dislocations: Long-term Functional Results, Associated Injuries and Natural History," Presented at the American Orthopaedic Society for Sports Medicine, Sun Valley, Idaho, 6/21/00.